

Dress Code

Dressing appropriately and having proper hair grooming is an essential part of the discipline of dance. Proper attire aids in teachers' ability to correct but more importantly, helps students to prepare mentally for their class.

New and secondhand items are available for purchase at the Central Park Building Studio. On Friday August 19th and Saturday August 20th from 10am to 1pm, there will be a Dancewear and Shoe Swap where gently used dance items can be traded in and re-sold. These items are available for purchase during the Swap times.

Room to Grow: Dancers and parent must wear comfortable dance or workout wear. A bodysuit and tights or jogging pants/shorts and a t-shirt are acceptable; no jeans. Dancers and parents may wear Ballet slippers or have bare feet- no socks. Dancers may wear skirts, but only chiffon dance skirts. Dress-up clothes are not allowed during class. Hair must be neatly pulled up off the face in a ponytail or braids. Short hair, if worn loose, should be held away from face by a soft headband or in a half ponytail.

Jumpin' Beans: Dancers must wear a light pink short sleeve or tank bodysuit and pink footed tights. Ballet slippers are required. Dancers may wear skirts, but only chiffon dance skirts. Dress-up clothes are not allowed during class. Hair must be neatly pulled up off the face in a ponytail or braids. Short hair, if worn loose, should be held away from face by a soft headband or in a half ponytail.

Boys should wear black dance or jogging pants or shorts with a white t-shirt. Black ballet shoes are required.

Mini Movers: Dancers must wear a light pink short sleeve or tank bodysuit and pink footed tights. Ballet slippers are required. Dancers may wear skirts, but only chiffon dance skirts. Dress-up clothes are not allowed during class. Hair must be neatly pulled up off the face in a ponytail or braids. Short hair, if worn loose, should be held away from face by a soft headband or in a half ponytail.

Boys should wear black dance or jogging pants or shorts with a white t-shirt. Black ballet shoes are required.

Kids In Motion: Dancers must wear a lilac purple short sleeve or tank bodysuit and pink footed tights. Ballet slippers are required. Dancers may wear skirts, but only chiffon dance skirts. Dress-up clothes are not allowed during class. Hair must be neatly pulled up off the face in a ponytail or braids. Short hair, if worn loose, should be held away from face by a soft headband or in a half ponytail.

Boys should wear black dance or jogging pants or shorts with a white t-shirt. Black ballet shoes are required.

Ballet (Primary): Dancers must wear a lilac purple short sleeve or tank bodysuit and pink footed tights. Ballet slippers are required. Hair must be in a bun, or braided and pinned up. No hair should be hanging loose. Short hair, if worn loose, should be held away from face by a soft headband or in a half ponytail.

Boys should wear fitted black dance or workout pants or shorts with a white t-shirt. Black ballet shoes are required.

Ballet (Novice): Dancers must wear a light blue short sleeve or tank bodysuit and pink footed tights. Ballet slippers are required. Hair must be in a bun, or braided and pinned up. No hair should be hanging loose. Short hair, if worn loose, should be held away from face by a soft headband or in a half ponytail.

Boys should wear fitted black dance or workout pants or shorts with a white t-shirt. Black ballet shoes are required.

Ballet (Intermediate and Senior): Dancers must wear a black tank bodysuit and pink convertible tights. Ballet slippers are required. Hair must be in a bun, or braided and pinned up. No hair should be hanging loose. Short hair, if worn loose, should be held away from face by a soft headband or in a half ponytail.

Boys should wear fitted black dance or workout pants or shorts with a white t-shirt. Black ballet shoes are required.

Pre-Pointe/Pointe: Dancers must wear a black tank bodysuit and pink convertible tights. Ballet slippers are required. Pointe shoes may be required as requested by the instructor. Hair must be in a

bun, or braided and pinned up. No hair should be hanging loose. Short hair, if worn loose, should be held away from face by a soft headband or in a half ponytail.

Jazz (Beginner): Dancers must wear a black short sleeve or tank bodysuit and black tights. Black slip on jazz shoe are required; no bare feet, bare legs, or socks. Appropriate length spandex shorts and spandex tank tops are permitted. Tights must be worn with shorts. Baggy t-shirts, sweat shirts or sweat pants, or jeans are not allowed. Hair does not need to be in a bun but it must be pulled back neatly.

Boys should wear a tight-fitting white t-shirt and black shorts or straight-cut workout pants or jazz pants.

Jazz (Novice): Dancers must wear a black tank bodysuit and black tights. Black slip on jazz shoe are required; no bare feet, bare legs, or socks. Appropriate length black spandex shorts and spandex tank tops are permitted. Tights must be worn with shorts. Baggy t-shirts, sweat shirts or sweat pants, or jeans are not allowed. Hair does not need to be in a bun but it must be pulled back neatly.

Boys should wear a tight-fitting white t-shirt and black shorts or straight-cut workout pants or jazz pants.

Jazz (Intermediate): Dancers must wear a white or black tank bodysuit and beige tights. Tan slip on jazz shoe or nude Footundeez are required; no bare feet, bare legs, or socks. Appropriate length black spandex shorts and spandex bra tops are permitted. Tights must be worn with shorts. Baggy t-shirts, sweat shirts or sweat pants, or jeans are not allowed. Hair does not need to be in a bun but it must be pulled back neatly.

Boys should wear a tight-fitting white t-shirt and black shorts or straight-cut workout pants or jazz pants.

Jazz (Pre-Sr./Senior): Dancers must wear a white or black tank bodysuit and beige tights. Tan slip on jazz shoe or nude Footundeez are required; no bare feet, bare legs, or socks. Appropriate length black spandex shorts and spandex bra tops are permitted. Tights must be worn with shorts. Baggy t-shirts, sweat shirts or sweat pants, or jeans are not allowed. Hair does not need to be in a bun but it must be pulled back neatly.

Boys should wear a tight-fitting white t-shirt and black shorts or straight-cut workout pants or jazz pants.

Tap (Beginner): Dancers are required to wear a black tank bodysuit and black tights; no bare legs. Black tap shoes must be worn. Appropriate length black spandex shorts, or black jazz pants, or a black chiffon dance skirt are permitted. Tights must be worn with shorts or skirt. Hair does not need to be in a bun but it must be pulled back neatly.

Boys should wear a tight-fitting white t-shirt and black shorts or straight-cut workout pants or jazz pants.

Tap (Novice): Dancers are required to wear a black tank bodysuit and black tights; no bare legs. Black tap shoes must be worn. Appropriate length black spandex shorts, or black jazz pants, or a black chiffon dance skirt are permitted. Tights must be worn with shorts or skirt. Hair does not need to be in a bun but it must be pulled back neatly.

Boys should wear a tight-fitting white t-shirt and black shorts or straight-cut workout pants or jazz pants.

Tap (Advanced Novice): Dancers are required to wear a black tank bodysuit and beige tights; no bare legs. Black tap shoes must be worn. Appropriate length black spandex shorts or black jazz pants are permitted. Tights must be worn with shorts. Hair does not need to be in a bun but it must be pulled back neatly.

Boys should wear a tight-fitting white t-shirt and black shorts or straight-cut workout pants or jazz pants.

Tap (Intermediate): Dancers are required to wear a black tank bodysuit and beige tights; no bare legs. Black tap shoes must be worn. Appropriate length black spandex shorts or black jazz pants are permitted. Tights must be worn with shorts. Hair does not need to be in a bun but it must be pulled back neatly.

Boys should wear a tight-fitting white t-shirt and black shorts or straight-cut workout pants or jazz pants.

Modern (Intermediate/ Pre-Sr./Senior): Dancers are required to wear a dark coloured tank bodysuit (navy, black, dark green). Appropriate length black spandex shorts are permitted. Beige footless tights must be worn with shorts. No shoes are required; bare feet are recommended. Nude Footundeez can be worn for turning. Hair does not need to be in a bun but it must be pulled back neatly.

Boys should wear a tight-fitting white t-shirt and black shorts or straight-cut workout pants or jazz pants.

Lyrical (Intro and Advanced): Dancers are required to wear a dark coloured tank bodysuit (navy, black, dark green). Appropriate length black spandex shorts are permitted. Beige footless tights must be worn with shorts. Nude Footundeez are the required footwear. Hair does not need to be in a bun but it must be pulled back neatly.

Boys should wear a tight-fitting white t-shirt and black shorts or straight-cut workout pants or jazz pants.

Musical Theatre (Junior/ Intermediate/Senior): Dancers must wear a black or white tank bodysuit and black or beige convertible tights. Appropriate length black spandex shorts are permitted. Tights must be worn under shirts. Black or tan slip on jazz shoes or ballet slippers are required; no bare feet. Hair does not need to be in a bun but it must be pulled back neatly.

Boys should wear a tight-fitting white t-shirt and black shorts or straight-cut workout pants or jazz pants.

Boyz In The House and Hip Hop: Dancers are required to wear loose, comfortable dance or workout wear. Jogging pants or shorts and a t-shirt are acceptable; no jeans. Running shoes and socks are the required footwear; no bare feet. Hair does not need to be in a bun but it must be pulled back neatly.